| The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u> . The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u> ) will be provided separately. This is only   |  |  |  |  |
|--|--|--|--|--|
| a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>BlueKC.Com</u> or by calling 1-877-410-6716. For general definitions of common terms, such as <u>allowed amount</u> , <u>balance billing</u> , <u>coinsurance</u> , <u>copayment</u> , <u>deductible</u> , <u>provider</u> , or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call 1-877-410-6716 to request a copy. |  |  |  |  |
| Important Questions  | Answers  | Why This Matters:  |  |  |
| What is the overall <u>deductible</u> ?  | \$6,500 individual / \$13,000 family.  | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .  |  |  |
| Are there services<br>covered before you meet<br>your <u>deductible</u> ?  | Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .  | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://</u><br>www.healthcare.gov/coverage/preventive-care-benefits/.   |  |  |
| Are there other<br>deductibles<br>services?  | No.  | You don't have to meet <u>deductibles</u> for specific services.   |  |  |
| What is the <u>out-of-pocket</u><br><u>limit</u> for this <u>plan</u> ?  | \$8,000 individual / \$16,000 family.  | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket</u> <u>limit</u> has been met.   |  |  |
| What is not included in the <u>out-of-pocket limit</u> ?   | Premiums, balance-billing<br>charges, health care this plan<br>doesn't cover, and penalties for<br>failure to obtain <u>preauthorization</u><br>for services may be incurred,<br>which can result in the cost of the<br>service being your responsibility. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .   |  |  |
| Will you pay less if you<br>use a <u>network provider</u> ?  | Yes. See <u>www.BlueKC.com/qhp/</u><br><u>pcb</u> or call 1-877-410-6716 for a<br>list of <u>network providers</u> .   | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |  |  |
| Do you need a <u>referral</u> to see a <u>specialist</u> ?   | No.  | You can see the <u>specialist</u> you choose without a <u>referral</u> .   |  |  |

| All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.                 |   |  |  |   |
|--|---|--|--|---|
| Common Medical Event   | Services You May Need                               | What Yo<br>In-Network Provider (You<br>will pay the least) | u Will Pay<br>Out-of-Network Provider<br>(You will pay the most) | Limitations, Exceptions, & Other Important  |
|  | Primary care visit to treat an<br>injury or illness | 50% <u>coinsurance</u>                                     | Not covered  | None  |
| If you visit a health care   | <u>Specialist</u> visit                             | 50% coinsurance  | Not covered  | None  |
| provider's office or clinic  | Preventive care/screening/<br>immunization          | No charge, <u>Deductible</u> does<br>not apply             | Not covered  | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
|  | Diagnostic test (x-ray, blood work)                 | 50% coinsurance  | Not covered  | None  |
| If you have a test   | Imaging (CT/PET scans,<br>MRIs)                     | 50% coinsurance  | Not covered  | Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.  |
| If you need drugs to treat<br>your illness or condition<br>More information about<br>prescription drug coverage is<br>available at www.bluekc.com/<br>2024IFPSGACAMO | Generic drugs                                       | 50% <u>coinsurance</u>                                     | Not covered  | Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.             |
|  | Preferred brand drugs                               | 50% <u>coinsurance</u>                                     | Not covered  | Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.             |
|  | Non-preferred brand drugs                           | 50% <u>coinsurance</u>                                     | Not covered  | Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.             |
|  | Specialty drugs                                     | 50% <u>coinsurance</u>                                     | Not covered  | Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.             |

|  |  | What You Will Pay                               |   |  |
|--|--|---|---|--|
| Common Medical Event   | Services You May Need                          | In-Network Provider (You<br>will pay the least) | Out-of-Network Provider<br>(You will pay the most)            | Limitations, Exceptions, & Other Important<br>Information  |
| If you have outpatient surgery                                       | Facility fee (e.g., ambulatory surgery center) | 50% coinsurance                                 | Not covered   | Certain outpatient surgeries and services must<br>be prior authorized. Failure to obtain approval<br>may result in the cost of the service being your<br>responsibility. |
|  | Physician/surgeon fees                         | 50% coinsurance                                 | Not covered   | None   |
|  | Emergency room care                            | 50% coinsurance                                 | 50% <u>coinsurance</u> after In-<br><u>Network Deductible</u> | None   |
| If you need immediate medical attention                              | Emergency medical transportation               | 50% coinsurance                                 | 50% <u>coinsurance</u> after In-<br><u>Network Deductible</u> | None   |
|  | Urgent care                                    | 50% coinsurance                                 | 50% <u>coinsurance</u> after In-<br><u>Network Deductible</u> | Same limitations as primary care.  |
| If you have a hospital stay  | Facility fee (e.g., hospital room)             | 50% <u>coinsurance</u>                          | Not covered   | Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.   |
|  | Physician/surgeon fees                         | 50% <u>coinsurance</u>                          | Not covered   | None   |
| If you need mental health,   | Outpatient services                            | 50% coinsurance                                 | Not covered   | None   |
| behavioral health, or<br>substance abuse services                    | Inpatient services                             | 50% coinsurance                                 | Not covered   | Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.   |
| lf you are pregnant  | Office visits                                  | 50% coinsurance                                 | Not covered   | Cost sharing does not apply for preventive<br>services. Maternity care may include tests and<br>services described elsewhere in the SBC (i.e.,<br>ultrasound).           |
|  | Childbirth/delivery<br>professional services   | 50% coinsurance                                 | Not covered   | None   |
|  | Childbirth/delivery facility services          | 50% coinsurance                                 | Not covered   | None   |
| If you need help recovering<br>or have other special<br>health needs | Home health care                               | 50% <u>coinsurance</u>                          | Not covered   | 100 visit Calendar Year maximum.   |

|   |                            | What Yo   | u Will Pay   |  |
|---|----------------------------|---|--|--|
| Common Medical Event                      | Services You May Need      | In-Network Provider (You<br>will pay the least) | Out-of-Network Provider<br>(You will pay the most) | Limitations, Exceptions, & Other Important<br>Information  |
|   | Rehabilitation services    | 50% coinsurance                                 | Not covered  | Physical: 20 visit Calendar Year maximum.<br>Occupational: 20 visit Calendar Year maximum.   |
|   | Habilitation services      | 50% coinsurance                                 | Not covered  | Physical: 20 visit Calendar Year maximum.<br>Occupational: 20 visit Calendar Year maximum.   |
|   | Skilled nursing care       | 50% <u>coinsurance</u>                          | Not covered  | 150 day Calendar Year maximum. <u>Prior</u><br><u>authorization</u> is required. Failure to obtain<br>approval may result in the cost of the service<br>being your responsibility.                       |
|   | Durable medical equipment  | 50% coinsurance                                 | Not covered  | Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.   |
|   | Hospice services           | 50% coinsurance                                 | Not covered  | Prior authorization is required for service<br>received at an inpatient facility. Failure to obtain<br>approval may result in the cost of the service<br>being your responsibility.                      |
|   | Children's eye exam        | No charge, <u>Deductible</u> does<br>not apply  | Not covered  | Limited to 1 Exam(s) per Calendar Year<br>maximum for In- <u>Network</u> . Limited to a child age<br>18 and younger.   |
| If your child needs dental<br>or eye care | Children's glasses         | 50% <u>coinsurance</u>                          | Not covered  | Limited to 1 Pair of Lenses and 1 Frame(s) per<br>Calendar Year maximum or 1 Annual Supply of<br>Contacts per Calendar Year for In- <u>Network</u><br>maximum. Limited to a child age 18 and<br>younger. |
|   | Children's dental check-up | No charge, <u>Deductible</u> does<br>not apply  | Not covered  | Limited to 2 Exam(s) per Calendar Year<br>maximum for In- <u>Network</u> .Limited to a child age<br>18 and younger at the time of enrollment.  |

| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |  |                          |  |
|--|--|--------------------------|--|
| <ul> <li>Abortion (except when the life of the mother is<br/>endangered)</li> </ul>  | Acupuncture  | Bariatric surgery        |  |
| Cosmetic surgery   | Dental care (Adult)  | Infertility treatment    |  |
| Long-term care   | <ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul> | Routine eye care (Adult) |  |
| Routine foot care  | Weight loss programs   |                          |  |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)              |  |                          |  |

Chiropractic care

Hearing aids limited to 1 hearing aid(s) Every 48 Months
 Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Blue Cross and Blue Shield of Kansas City at 816-395-2953 or <a href="https://www.BlueKC.com">www.BlueKC.com</a>, the Missouri Department of Commerce and Insurance at 800-726-7390 or at <a href="https://www.insurance.mo.gov">www.BlueKC.com</a>, the Missouri Department of Commerce and Insurance at 800-726-7390 or at <a href="https://www.insurance.mo.gov">www.BlueKC.com</a>, the Missouri Department of Commerce and Insurance at 800-726-7390 or at <a href="https://www.insurance.mo.gov">www.insurance.mo.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Missouri Department of Commerce and Insurance at 800-726-7390 or at <u>www.insurance.mo.gov</u>.

# Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan meet Minimum Value Standards? Not applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a Baby                         |
|--|
| (9 months of in-network pre-natal care and a |
| hospital delivery)                           |
|  |

| The plan's overall deductible   | \$6,500 |
|---------------------------------|---------|
| Specialist coinsurance          | 50%     |
| Hospital (facility) coinsurance | 50%     |
| Other <u>coinsurance</u>        | 50%     |

# This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (*ultrasounds and blood work*) <u>Specialist</u> visit (*anesthesia*)

| Total Example Cost | \$12,700 |
|--------------------|----------|
|--------------------|----------|

# In this example, Peg would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$6,500 |  |
| <u>Copayments</u>          | \$0     |  |
| Coinsurance                | \$1,500 |  |
| What isn't covered         |         |  |
| Limits or exclusions \$60  |         |  |
| The total Peg would pay is | \$8,060 |  |

| Managing Joe's Type 2 Diabetes                |
|---|
| (a year of routine in-network care of a well- |
| controlled condition)                         |
|   |

| The plan's overall deductible   | \$6,500 |
|---------------------------------|---------|
| Specialist coinsurance          | 50%     |
| Hospital (facility) coinsurance | 50%     |
| Other coinsurance               | 50%     |

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment

| Fotal Example Cost | \$5,600 |
|--------------------|---------|
|                    |         |

### In this example, Joe would pay:

| Cost Sharing |  |  |
|--------------|--|--|
| \$5,200      |  |  |
| \$0          |  |  |
| \$0          |  |  |
|              |  |  |
| \$0          |  |  |
| \$5,200      |  |  |
|              |  |  |

#### Mia's Simple Fracture (in-network emergency room visit and follow up care)

| The plan's overall deductible   | \$6,500 |
|---------------------------------|---------|
| Specialist coinsurance          | 50%     |
| Hospital (facility) coinsurance | 50%     |
| Other <u>coinsurance</u>        | 50%     |

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|
|--------------------|---------|

#### In this example, Mia would pay:

| Cost Sharing               |         |  |
|----------------------------|---------|--|
| Deductibles                | \$2,800 |  |
| <u>Copayments</u>          | \$0     |  |
| Coinsurance                | \$0     |  |
| What isn't covered         |         |  |
| Limits or exclusions       | \$0     |  |
| The total Mia would pay is | \$2,800 |  |

### Discrimination is Against the Law

Blue Cross and Blue Shield of Kansas City (Blue KC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue KC, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-395-7126.

如果您,或是您正在協助的對象,有關於 Blue KC 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話 1-844-395-7126.

Blue KC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Customer Service, 844-395-7126 (Toll free), languagehelp@bluekc.com.



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