Kansas City: Blue KC Choice Silver 1 BlueSelect EPO with Spira Care - 94% CSR

Coverage Period: Beginning on or after 01/01/2024 Coverage for: All Coverage Tiers | Plan Type: EPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only

a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, BlueKC.Com or by calling 1-877-410-6716. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.ccijo.cms.gov or call 1-877-410-6716 to request a copy.

Important Questions Answers Why This Matters:				
What is the overall deductible?	\$0 individual / \$0 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .		
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .		
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.		
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$800 individual / \$1,600 family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.		
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, health care this plan doesn't cover, and penalties for failure to obtain preauthorization for services may be incurred, which can result in the cost of the service being your responsibility.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.		
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.BlueKC.com/qhp/bs/sc or call 1-877-410-6716 for a list of			

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	Services You May Need	What You Will Pay		
Common Medical Event		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 <u>copay</u> /visit	Not covered	No charge for services received from a designated Spira Care Center provider. Other services/procedures that are performed in a physician's office are subject to the network deductible and coinsurance level (excluding lab).
<u></u>	Specialist visit	\$50 copay/visit	Not covered	Same limitations as primary care.
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	50% coinsurance	Not covered	X-rays and other radiology procedures performed in an In-Network physician's office will not be subject to the applicable Cost-Sharing if you are required to pay your office visit Copayment.
	Imaging (CT/PET scans, MRIs)	50% coinsurance	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bluekc.com/2024IFPSGACAKS	Generic drugs	\$10 <u>copay</u> /fill	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.
	Preferred brand drugs	\$50 <u>copay</u> /fill	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.
	Non-preferred brand drugs	50% coinsurance	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.

		What You Will Pay		
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	Specialty drugs	50% coinsurance	Not covered	Prior authorization may be required. Failure to obtain approval may result in the cost of the drug being your responsibility. Covers up to a 34 day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	50% coinsurance	Not covered	Certain outpatient surgeries and services must be prior authorized. Failure to obtain approval may result in the cost of the service being your responsibility.
	Physician/surgeon fees	50% coinsurance	Not covered	None
	Emergency room care	50% coinsurance	50% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	50% coinsurance	50% coinsurance	None
	<u>Urgent care</u>	\$50 <u>copay</u> /visit	\$50 copay/visit	Same limitations as primary care.
If you have a hospital stay	Facility fee (e.g., hospital room)	50% coinsurance	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.
	Physician/surgeon fees	50% coinsurance	Not covered	None
If you need mental health,	Outpatient services	50% coinsurance	Not covered	None
behavioral health, or substance abuse services	Inpatient services	50% coinsurance	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.
If you are pregnant	Office visits	50% coinsurance	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). You must pay your office visit copayment for each visit to a Physician for Complications of Pregnancy. Only one office visit copayment shall apply for Physician obstetrical services per pregnancy.

	What You Will Pay			
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	50% coinsurance	Not covered	None
	Childbirth/delivery facility services	50% coinsurance	Not covered	None
	Home health care	50% coinsurance	Not covered	None
	Rehabilitation services	50% coinsurance	Not covered	Speech: 90 visit Calendar Year maximum.
	Habilitation services	50% coinsurance	Not covered	None
If you need help recovering	Skilled nursing care	Not covered	Not covered	None
or have other special health needs	Durable medical equipment	50% coinsurance	Not covered	Prior authorization is required. Failure to obtain approval may result in the cost of the service being your responsibility.
	Hospice services	50% coinsurance	Not covered	Prior authorization is required for service received at an inpatient facility. Failure to obtain approval may result in the cost of the service being your responsibility.
If your child needs dental or eye care	Children's eye exam	No charge	Not covered	Limited to a child age 18 and younger.
	Children's glasses	50% coinsurance	Not covered	Limited to 3 Pair of Lenses and 3 Frame(s) per Calendar Year for In-Network maximum. Limited to a child age 18 and younger.
	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except when the life of the mother is endangered)
- Acupuncture

Bariatric surgery

Cosmetic surgery

Dental care

Hearing aids

Long-term care

- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)

- Routine foot care (except for certain conditions)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Infertility treatment

Private-duty nursing

 Spinal manipulation included under Rehabilitation services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Blue Cross and Blue Shield of Kansas City at 816-395-2953 or www.BlueKC.com, the Kansas Insurance Department at 800-432-2484 or at www.insurance.kansas.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Care.gov or call 800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Kansas Insurance Department at 800-432-2484 or at <u>www.insurance.kansas.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not applicable.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	50%
■ Other coinsurance	50%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:

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Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$50	
Coinsurance	\$800	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$860	

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	50%
Other <u>coinsurance</u>	50%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$700	
Coinsurance	\$60	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$760	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
Copayments	\$0
Coinsurance	\$800
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$800

Discrimination is Against the Law

Blue Cross and Blue Shield of Kansas City (Blue KC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Si usted, o alguien a quien usted está ayudando, tiene preguntas acerca de Blue KC, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-877-395-7126.

如果您,或是您正在協助的對象,有關於 Blue KC 方面的問題,您有權利免費以您的母語得到幫助和訊息。洽詢一位翻譯員,請撥電話1-844-395-7126.

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 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Customer Service, 844-395-7126 (Toll free), languagehelp@bluekc.com.



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